

MENU 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|---|---|--|--|--|
| Breakfast | Milk Corn Flakes Orange Slices | Milk Buttered Biscuit Seasonal Fresh Fruit: _____ Specify | Milk Waffles Spiced Apples | Milk Cheese Grits Banana | Milk Cinnamon Toast Orange Wedge |
| Lunch | Milk Ground Turkey Mexican Corn Fruit: _____ specify Spanish Rice Vegetarian Protein option: Mexican Seasoned Baked Tofu | Milk Lemon Pepper Chicken Black Eyed Peas Diced Peaches Roll Vegetarian Protein option: Cheese | Milk Turkey & Cheese Sandwich Cooked Carrots Fruit: _____ specify Whole Wheat Bread Vegetarian Protein option: Cheese Sandwich | Milk Lemon Pepper Panco Breaded Tilapia Collard Greens Mixed Fruit White Rice Allergy option: Diced Chicken Breast Vegetarian Protein option: Lemon Pepper Breaded Baked Tofu | Milk Chicken BBQ Sandwich Vegetarian Baked Beans Apple Wedge Hamburger Bun Vegetarian Protein option: Cheese Sandwich |
| Snack | Water Sliced Turkey & Sliced Cheese Roll-up Fruit: _____ specify Vegetarian Protein option: Cheese Roll- up | Water Banana Nilla Waffers | Water Orange Slices Animal Crackers | Water Banana Bread Melon | Water Cheese Crackers Fruit: _____ specify |

* 1 Year Olds – Whole Milk; 2 – 6 Year Olds – Skim/1% Milk; Soy Alternate Available

(SPRING/SUMMER)

MENU 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|--|--|---|---|---|
| Breakfast | Milk Cheerios Orange Wedge | Milk Buttered Toast Banana | Milk Oatmeal with Diced Peaches | Milk Cheese Biscuit Spiced Apples | Milk English Muffin with Cottage Cheese Fruit: _____ Specify |
| Lunch | Milk Tuna Noodle Casserole Sweet Peas Diced Peaches Egg Noodles Allergy Option: Diced Chicken Breast Casserole Vegetarian Protein option: Cheese & Noodle Casserole | Milk Sweet & Sour Chicken Glazed Carrots Rice Vegetarian Protein option: Baked Seasoned Tofu | Milk Mexican Meatloaf Salad (lettuce, carrots, red cabbage) with Ranch Dressing Mexican Corn Crackers Vegetarian Protein option: Mexican Tofu Meatloaf | Milk Curry Chicken Squash Casserole Orange Slices Rice Vegetarian Protein option: Black or Pinto Beans | Milk Sliced Turkey and Cheese Sandwich Dill Pickle Spear Carrot-Raisin Salad Whole Wheat Bread Vegetarian Protein option: Cheese Sandwich |
| Snack | Water Toasted Bagel with Cream Cheese Fruit: _____ specify | Water Orange Slices Animal Crackers | Water English Muffin Pizza with Cheese | Water Banana Nilla Wafers | Water Fruit _____ specify Cheese Crackers |

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(SPRING/SUMMER)

MENU 4

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|---|--|---|--|--|
| Breakfast | Milk Cereal: _____ Specify Bananas | Milk Cheese Toast Orange Wedge | Milk Waffles with Spiced Apples | Milk Cheese Grits Orange Wedge | Milk Cheerios Seasonal Fresh Fruit: _____ Specify |
| Lunch | Milk Sliced Turkey and Sliced Cheese Roll-Up Sliced Cucumbers with Italian Dressing Apple Wedge Soft Flour Taco Vegetarian Protein Option: Sliced Cheese Roll-up | Milk Tilapia Fillet or Chicken Breast Green Beans Diced Pears Roll Allergy Option: Diced Chicken Breast Vegetarian Protein option: Baked Seasoned Tofu | Milk Chicken Salad Cherry Tomatoes with Balsamic Vinegarette Fruit: _____ specify Crackers Vegetarian Protein option: Black or Pinto Beans | Milk Mexican Style Ground Turkey Lettuce & Tomato Black Beans Crispy Flour Tortillas Vegetarian Protein option: Cheese | Milk Turkey & Cheese Sandwich Carrot Sticks Fruit: _____ specify Whole Wheat Bread Vegetarian Protein option: Cheese Sandwich |
| Snack | Water Sliced Cheese Crackers | Water Banana Nilla Waffers | Water Veggies (Carrots Celery and/or Cucumber) with Hummus | Water Toasted Bagel Cream Cheese | Water Apple Wedge Graham Crackers |

* 1 Year Olds – Whole Milk; 2 – 6 Year Olds – Skim/1% Milk; Soy Alternate Available

(SPRING/SUMMER)